

WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10



HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Baked Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Cheese & Ham French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Vegan Sausage Roll served with Crispy Cubed Potatoes, Peas & Sweetcorn Cheese & Tomato
French Bread Pizza
served with
Jacket Potato Wedges,
Crunchy Carrot &
Cucumber Sticks

Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Chocolate and Orange Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Apple & Summer Berry Crumble Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Shortbread With Fruit slice Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Rocket Lolly Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



WEEK 2 MENU

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables Fish Finger bap served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Meat Feast
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy Chicken Nuggets served with Fries, Garden Peas or Baked Beans & Ketchup

MEAT FREE Mediterranean
Vegetable Pasta Bake
served with Wholemeal
Garlic & Herb Bread
and Seasonal Vegetables

Fishless Fish Finger Wrap served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Margherita
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Quorn Sausage served with Potatoes Yorkshire Pudding, Carrots, Broccoli & Gravy

Vegetable Nuggets served with Fries, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Rocket Lolly Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Iced School Cake Fruity Jelly Fresh Fruit Pot



WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09,06/10



HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Fish Fingers served with Creamy Mashed Potato & Spaghetti Hoops BBQ Pulled Chicken Wrap served with Savory Wholegrain Vegetable Rice & Salad Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Beef Burger in a Bun served with Fries, Garden Peas or Baked Beans & Ketchup

MEAT FREE Fishless Fish Fingers served with Creamy Mashed Potato & Spaghetti Hoops Veggie Mince Chili Wrap served with Savory Wholegrain Vegetable Rice & Salad Vegetable & Lentil Bolognese served with Spaghetti, Garlic & Herb Bread and Seasonal Vegetables Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Vegetable Beef Burger in a Bun served with Fries, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Banana Cake Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Oat Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Rocket Lolly Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot