



Ely St John's



P.E Curriculum Vision

Principles of our curriculum:

- To provide an **inclusive curriculum** with appropriate provision and challenge to support a range of learning needs and abilities
- To motivate children to **improve their fitness** through sustained periods of physical activity, empowering them to lead lifelong active, healthy lifestyles
- To encourage children to succeed and **excel in competitive sport**, creating pathways beyond the curriculum
- To help children develop the School Games **values**: passion, belief, respect, honesty, determination and teamwork
- To involve pupils** in the management, organization and delivery of school sport

Impact of our Curriculum:

Children will be confident in a wide range of physical activities and sport. They will master a variety of movements and skills which will be applied in competitive and cooperative games. Pupils will show resilience and stamina when engaging in demanding physical activity. They will have an understanding of how to evaluate and improve their performances whilst recognising their own successes.

Pupils will develop their fitness, flexibility and strength and understand the importance of a healthy, active lifestyle. Through cooperative games, children will learn the importance of communication and teamwork. Competitions will challenge pupils, celebrate excellence and embed the values of fairness and respect.